

The CRAFFT Screening Questions

Please answer all questions honestly; your answers will be kept confidential.

Part A

During the PAST 12 MONTHS, did you:

- | | | | |
|---|--------------------------|--|--------------------------|
| | No | | Yes |
| 1. Drink any <u>alcohol</u> (more than a few sips)? | <input type="checkbox"/> | | <input type="checkbox"/> |
| 2. Smoke any <u>marijuana or hashish</u> ? | <input type="checkbox"/> | | <input type="checkbox"/> |
| 3. Use <u>anything else</u> to <u>get high</u> ? | <input type="checkbox"/> | | <input type="checkbox"/> |

“anything else” includes illegal drugs, over the counter and prescription drugs, and things that you sniff or “huff”

If you answered NO to ALL (A1, A2, A3) answer **only B1** below, then STOP.

If you answered YES to ANY (A1 to A3), answer **B1 to B6** below.

Part B

- | | | |
|--|--------------------------|--------------------------|
| | No | Yes |
| 1. Have you ever ridden in a CAR driven by someone (including yourself) who was “high” or had been using alcohol or drugs? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you ever use alcohol or drugs while you are by yourself, or ALONE? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Do you ever FORGET things you did while using alcohol or drugs? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you ever gotten into TROUBLE while you were using alcohol or drugs? | <input type="checkbox"/> | <input type="checkbox"/> |

CONFIDENTIALITY NOTICE:

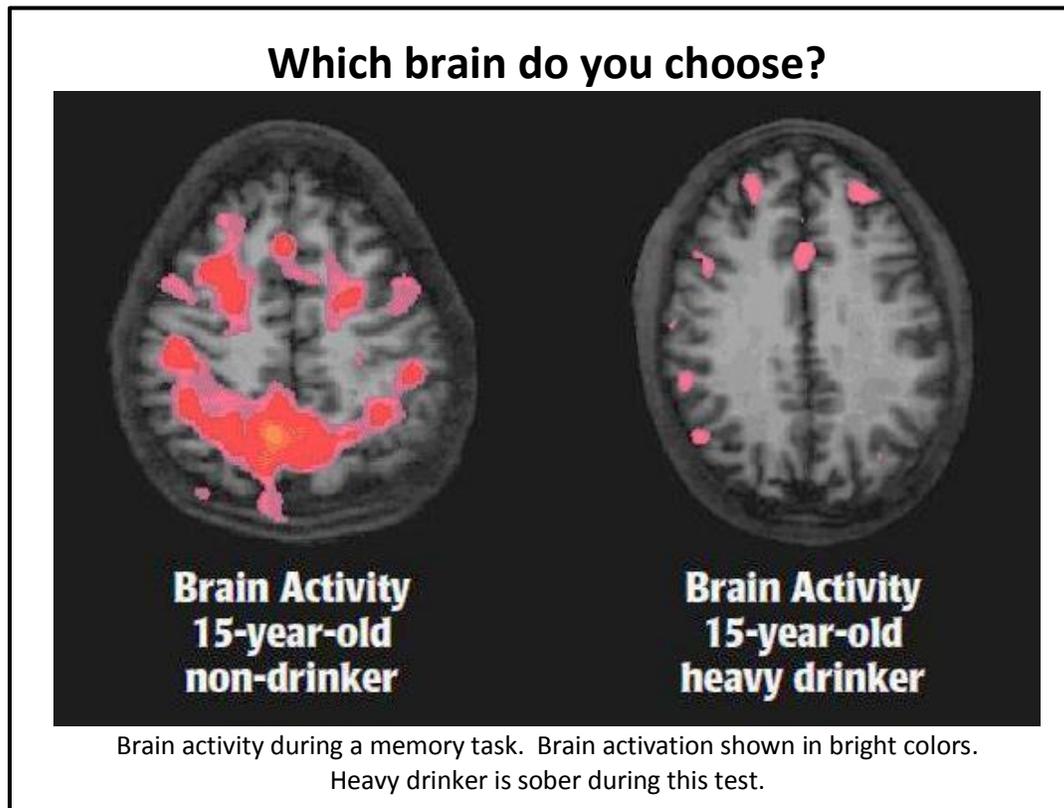
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Why is the nurse asking me about alcohol and other drugs? Asking these questions is part of good health care, just like checking your vision and hearing. Your honest answers can help the nurse give you the best care.

What's the big deal about alcohol and drugs? Your body and brain are still growing. Alcohol and drugs can interfere with the way your brain develops, damaging the parts of your brain that control memory, learning, making decisions and keeping your feelings and desires under control.



Can drinking or getting high really hurt me? 1 out of every 4 teens who die in car accidents are driving while drunk or high, or riding with people who have been using drugs or alcohol. Teens who drink or use other drugs are more likely to have unsafe sex, which could lead to pregnancy, HIV/AIDS, hepatitis C or sexually transmitted diseases (STDs). Alcohol and drugs are connected with the leading causes of death among teenagers – accidental injury, homicide, and suicide.

Who can I talk to about drugs or alcohol? Who can help me if I'm concerned about myself or someone else? Your parents can let you know whether anyone in your family has (or had) problems with alcohol or drugs. Try talking to them. If you need to talk to someone else, try:

- Ms. Hirschberg, NHS School Nurse
- Your Guidance Counselor or Ms. Goodwin-Boyd
- Your Doctor or health care provider
- Other trusted adults, like your rabbi, minister, coach or teacher
- A counselor at Clinical Support Options. CSO is here in Northampton at 8 Atwood Drive, Suite 201, 413.582.0471, www.csoinc.org (urgent appointments too)
- You can also call the Massachusetts Substance Abuse Information and Education Helpline at 1.800.327.5050 or go online to www.helpline-online.com